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THE AI CAREER READINESS ASSESSMENT



**Discover How Ready You Really Are
for the Future of Work**

A SIX-DIMENSION CAREER READINESS DIAGNOSTIC

Measure where you stand, understand your gaps and identify
the capabilities that will strengthen your value at work.

ASSESS. UNDERSTAND. STRENGTHEN. ADVANCE.

A COMPANION TO BECOME THE EMPLOYEE AI CAN'T EASILY REPLACE

ABOUT THIS ASSESSMENT

Welcome

Artificial intelligence is changing how work gets done — but change doesn't have to reduce your value. It simply changes what value looks like.

The AI Career Readiness Assessment™ was built to give professionals, coaches, HR teams, and universities a clear, structured way to measure the traits that matter most in an AI-driven workplace — and to turn that measurement into a concrete development plan.

WHAT THIS IS

A career readiness diagnostic across six research-informed dimensions: Learning Agility, AI Readiness, Human Advantage, Value Creation, Professional Reputation, and Career Growth.

WHAT THIS IS NOT

This is not an IQ test and not a personality test. It does not diagnose, rank, or label you. It is a mirror — a structured way to see where you stand today.

Complete every section honestly. The goal is not a perfect score. The goal is **clarity** — a precise, visual snapshot of where you are strong, where you are exposed, and exactly what to work on next.

HOW TO USE YOUR RESULTS

Once complete, this assessment will give you: a numeric score for each of the six dimensions, a total Career Readiness Score out of 300, a visual Career Readiness Radar mapping your profile at a glance, and a personal 90-day development plan you can act on immediately.

BEFORE YOU BEGIN

Instructions

For each statement across the six sections that follow, rate how true it is of you — not how true you wish it were, and not how you think it should be. Use the scale below.

SCORE	MEANING
1	Never true of me
2	Rarely true
3	Sometimes true
4	Usually true
5	Always true

SCORING AT A GLANCE

Each section contains 10 statements, so each section score ranges from 10 to 50. Add your six section scores together for your AI Career Readiness Score™ out of 300. A summary worksheet is provided after the six sections to make this simple.

Three tips for an accurate result:

1. Rate your actual current behavior, not your intentions.
2. If a statement doesn't fully apply to your role, rate the closest equivalent rather than skipping it.
3. Work through the sections in order, in one sitting, for the most consistent result.

ESTIMATED COMPLETION TIME

15 minutes. When you're ready, turn the page and begin with Section 1.

SECTION 1 OF 6

1

Learning Agility

Can you keep growing as the workplace changes?

01	I intentionally learn new professional skills every month.	1	2	3	4	5
02	I enjoy learning new technology.	1	2	3	4	5
03	I actively seek feedback.	1	2	3	4	5
04	I adapt quickly when systems change.	1	2	3	4	5
05	I read books, articles, or industry reports regularly.	1	2	3	4	5
06	I experiment with new ideas.	1	2	3	4	5
07	I take responsibility for my own development.	1	2	3	4	5
08	I ask questions when I don't understand something.	1	2	3	4	5
09	I enjoy being challenged.	1	2	3	4	5
10	I remain curious.	1	2	3	4	5

SECTION 1 SCORE

/ 50

SECTION 2 OF 6

2

AI Readiness

How prepared are you to work alongside AI, not against it?

01	I have used AI tools in my work.	1	2	3	4	5
02	I understand AI's strengths.	1	2	3	4	5
03	I understand AI's limitations.	1	2	3	4	5
04	I verify AI-generated information.	1	2	3	4	5
05	I use AI ethically.	1	2	3	4	5
06	I know which tasks AI can improve.	1	2	3	4	5
07	I know which tasks require human judgement.	1	2	3	4	5
08	I continue learning about AI.	1	2	3	4	5
09	I don't fear AI.	1	2	3	4	5
10	I see AI as a productivity tool.	1	2	3	4	5

SECTION 2 SCORE

/ 50

SECTION 3 OF 6

3

Human Advantage

The skills AI struggles to replace.

01	I communicate clearly.	1	2	3	4	5
02	People trust my judgement.	1	2	3	4	5
03	I solve problems.	1	2	3	4	5
04	I remain calm under pressure.	1	2	3	4	5
05	I think critically.	1	2	3	4	5
06	I build strong relationships.	1	2	3	4	5
07	I show empathy.	1	2	3	4	5
08	I handle difficult conversations well.	1	2	3	4	5
09	People enjoy working with me.	1	2	3	4	5
10	I make thoughtful decisions.	1	2	3	4	5

SECTION 3 SCORE

/ 50

4

SECTION 4 OF 6

Value Creation

Do you create more value than your role requires?

01	I improve processes.	1	2	3	4	5
02	I solve problems before they grow.	1	2	3	4	5
03	I regularly save time.	1	2	3	4	5
04	I help colleagues.	1	2	3	4	5
05	I contribute ideas.	1	2	3	4	5
06	I volunteer for responsibility.	1	2	3	4	5
07	I focus on outcomes.	1	2	3	4	5
08	I think strategically.	1	2	3	4	5
09	I create more value than my job description requires.	1	2	3	4	5
10	Managers trust me.	1	2	3	4	5

SECTION 4 SCORE

/ 50

5

SECTION 5 OF 6

Professional Reputation

What do people say about you when you're not in the room?

01	I keep my promises.	1	2	3	4	5
02	I meet deadlines.	1	2	3	4	5
03	I communicate proactively.	1	2	3	4	5
04	People describe me as reliable.	1	2	3	4	5
05	I admit mistakes.	1	2	3	4	5
06	I take ownership.	1	2	3	4	5
07	I behave professionally.	1	2	3	4	5
08	I earn trust quickly.	1	2	3	4	5
09	I protect my reputation.	1	2	3	4	5
10	Others recommend me.	1	2	3	4	5

SECTION 5 SCORE

/ 50

SECTION 6 OF 6

6

Career Growth

Are you building a career, or just showing up to a job?

01	I know where I want my career to go.	1	2	3	4	5
02	I have career goals.	1	2	3	4	5
03	I update my skills.	1	2	3	4	5
04	I build my network.	1	2	3	4	5
05	I improve my LinkedIn profile.	1	2	3	4	5
06	I attend professional events.	1	2	3	4	5
07	I seek mentors.	1	2	3	4	5
08	I mentor others.	1	2	3	4	5
09	I think long-term.	1	2	3	4	5
10	I prepare before I need opportunities.	1	2	3	4	5

SECTION 6 SCORE

/ 50

TALLY YOUR RESULTS

Scoring Summary

Transfer each section score below, then add them for your AI Career Readiness Score™.

DIMENSION	SCORE (OUT OF 50)
 Learning Agility	
 AI Readiness	
 Human Advantage	
 Value Creation	
 Professional Reputation	
 Career Growth	
YOUR AI CAREER READINESS SCORE™	 / 300

NEXT STEP

Turn the page to find your results band and read what it means for your next 90 days. Then plot your six scores on the Career Readiness Radar to see your full profile at a glance.

WHAT YOUR SCORE MEANS

Your Results

**AI-Ready
Leader**

270–300

You're already operating at a high level. Your foundations are strong across nearly every dimension measured here.

Focus next: multiply your impact by mentoring others.

**High-Potential
Professional**

230–269

You have strong foundations. A few targeted improvements could dramatically increase your career value.

Focus next: increase visibility and strategic thinking.

**Career
Builder**

180–229

You're heading in the right direction, but there are noticeable gaps that could slow your progress if left unaddressed.

Focus next: strengthen adaptability, communication, and AI confidence.

**Career
Reset**

120–179

Your current skills may not fully reflect the demands of today's workplace. Every area measured here can be improved with consistent effort.

Focus next: build stronger learning habits and grow comfortable using AI as a productivity partner.

**Start
Today**

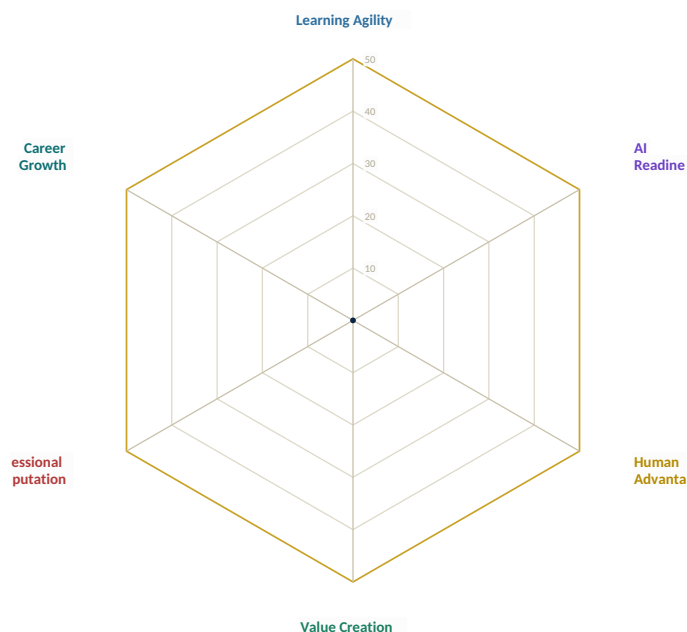
Below 120

This score isn't a verdict — it's a starting point. Every accomplished professional began somewhere. What matters is not where you are today, but whether you're willing to grow.

Focus next: start with one new skill. Then another. Progress compounds.

YOUR PROFILE AT A GLANCE

Career Readiness Radar



Plot your profile in three steps:

1. For each of the six axes, find your section score (10–50) on the gridlines and mark a dot on that axis.
2. Connect the six dots in order to form your personal Career Readiness shape.
3. Step back and look at the shape. A wide, even shape signals a well-rounded profile. Sharp inward points reveal exactly where a gap is holding you back.

HOW TO READ THE SHAPE

The dimension where your line sits closest to the center is your single highest-leverage opportunity. Improving that one dimension will usually do more for your AI Career Readiness Score™ than adding points anywhere else.

TRACK YOUR PROGRESS OVER TIME

Retake this assessment every six months and overlay your new shape on this one in a different colour. Watching the shape expand is far more motivating than watching a single number rise.

TURN INSIGHT INTO ACTION

Your Personal Career Dashboard

MY STRONGEST AREA

MY WEAKEST AREA

THREE SKILLS I WILL STRENGTHEN OVER THE NEXT 90 DAYS

- 1

- 2

- 3

ONE HABIT I WILL BEGIN THIS WEEK

ONE HABIT I WILL STOP

MY BIGGEST CAREER GOAL FOR THE NEXT 12 MONTHS

MY FIRST ACTION TOMORROW

People who choose one immediate, specific action are far more likely to follow through than people who set a broad intention. Name yours.

MY CAREER GROWTH COMMITMENT

A Commitment to Continuous Growth

*"I commit to becoming more valuable every month
by continuously learning, strengthening my human
skills, embracing technology wisely, and creating
greater value wherever I work."*

SIGNED

DATE

THE AI CAREER READINESS ASSESSMENT™ • DEVELOPED BY OLUWAKEMI OHI-OJEBUOVBOH

CERTIFICATE OF COMPLETION



THIS CERTIFIES THAT

HAS SUCCESSFULLY COMPLETED

THE AI CAREER READINESS ASSESSMENT™

DATE

AI CAREER
READINESS
SCORE™

Oluwakemi Ohi-Ojebuovboh

FOUNDER & ASSESSMENT DEVELOPER

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